



TODD MONAHAN

LIFE COACH

CONTACT

📞 518-796-0373

✉️ elevatecoaching100@gmail.com

📍 New York

🌐 www.elevatecoaching100.com

EDUCATION

- Master of Community Counseling
- Bachelors in Psychology
- Certified Addiction Counselor

SKILLS

- Project Management
- Public Relations
- Teamwork
- Time Management
- Leadership
- Effective Communication
- Critical Thinking
- Individual\Group Sessions

EXPERIENCE

- 21 YEARS OF COUNSELING
- DIRECTOR OF OUTPATIENT OPERATIONS
- ADVENTURE BASED COUNSELING
- TELEHEALTH SERVICES

PROFILE

My Passion in assisting others overcome roadblocks in life is addicting for me. Helping people find their Authentic Self continues to be incredibly fulfilling. Whether it's through addiction, fitness, mental health, nutrition, or holistic practices, my passion for improving others' well-being makes a significant difference in my your life as well as mine.

WORK EXPERIENCE

- **Outpatient Director\Director** 2015 - Current
Addiction Specialist
 - Develop and execute comprehensive marketing strategies and campaigns that align with the company's goals and objectives.
 - Lead, mentor, and manage a high-performing marketing team, fostering a collaborative and results-driven work environment.
 - Monitor brand consistency across marketing channels and materials.
- **SunKiss Ballooning\Monahan Airways** 2007 - Current
Business Owner
 - Create and manage the marketing budget, ensuring efficient allocation of resources and optimizing ROI.
 - Oversee market research to identify emerging trends, customer needs, and competitor strategies.
 - Monitor brand consistency across marketing channels and materials.
- **Adventure Counselor** 2007-2012
Adolescent Counselor
 - Develop and maintain strong relationships with adolescents through trust through participating in healthy fun activities.
 - Facilitate individual and group sessions

SPECIALITIES

- Creating a serene lifestyle
- Identifying Purpose
- Letting Go
- Anger Behaviors
- Creating a Sober Lifestyle
- Wellness
- Nutrition
- Physical Activity
- Balanced Lifestyle
- Mental Health
- Burnout in Life
- Relationships